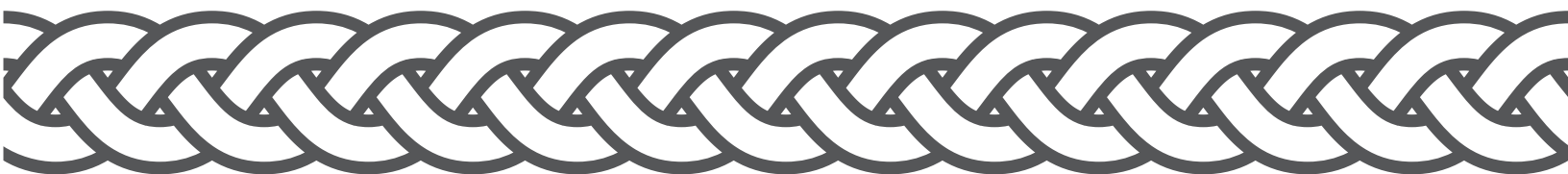




# NICC FAMILY



# COLORING BOOK



Students & Relatives,

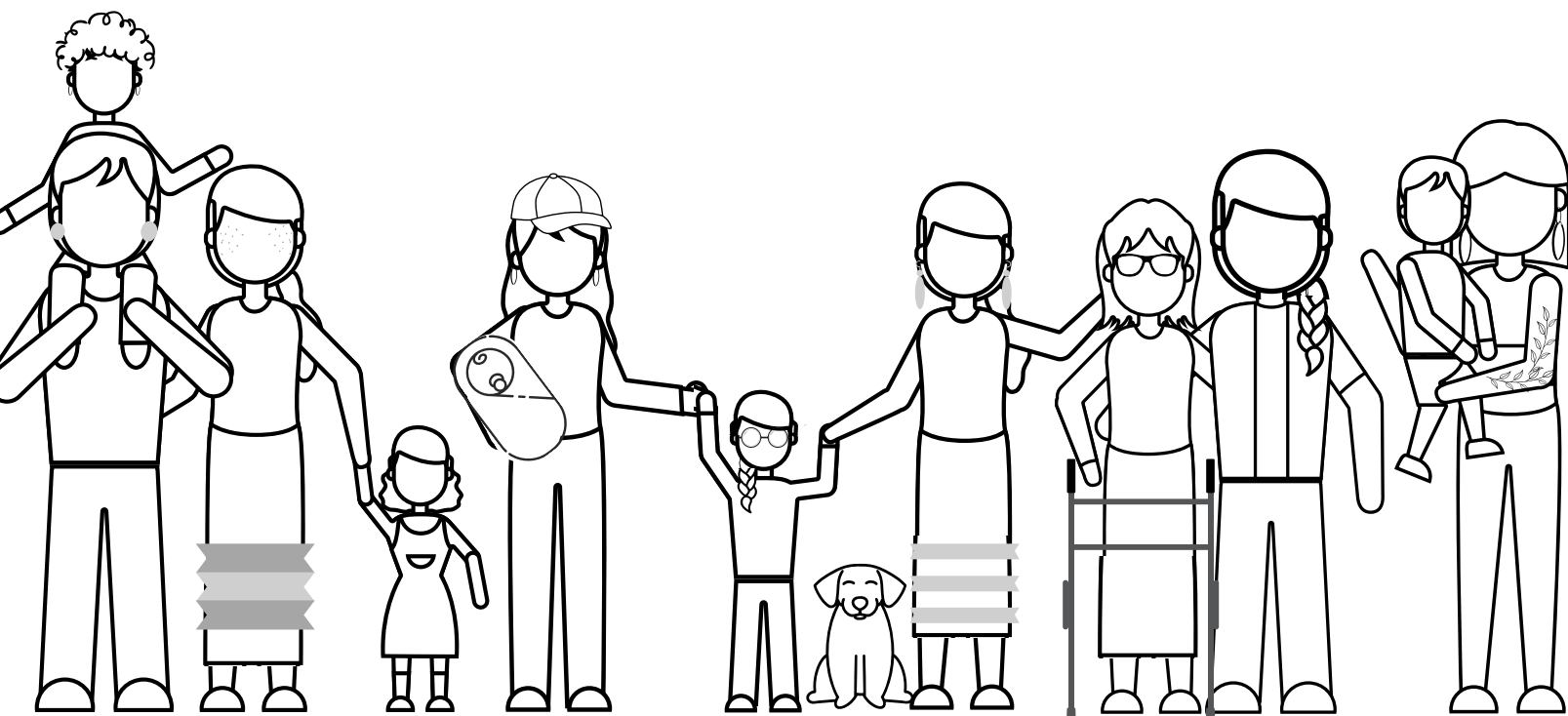
Santa helped Nebraska Indian Community College (NICC) create this NICC Family Coloring Book just for you and your family!

This book is special, because your relatives will help you complete activities and color pictures. We all get more done by working together! :)

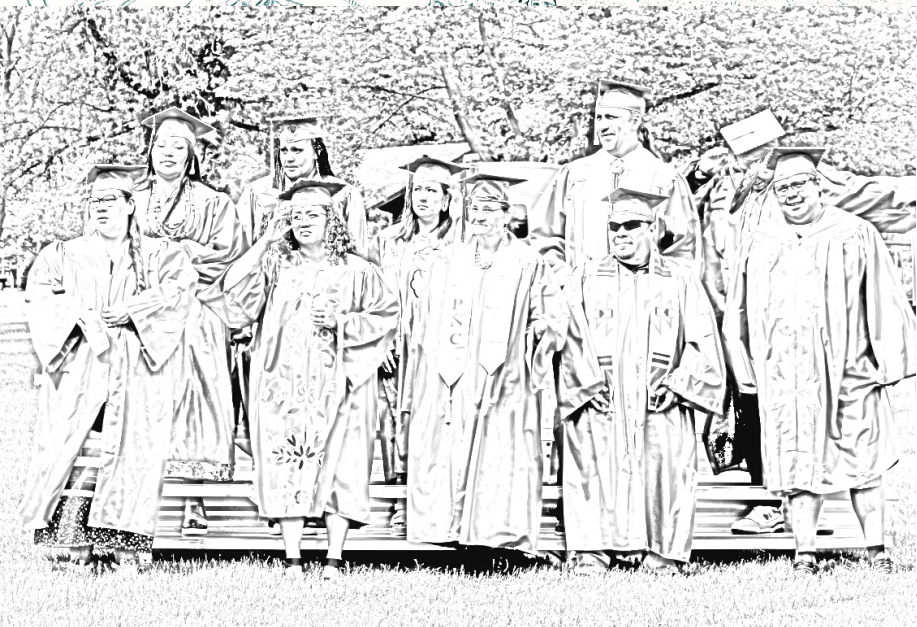
If you want to share the pictures and drawings on Facebook, ask a grown-up to take a picture and share via Nebraska Indian Community College's Facebook messenger or post with the hashtag #NICCColoringBook.

Happy Holidays,

Nebraska Indian Community College  
& Santa



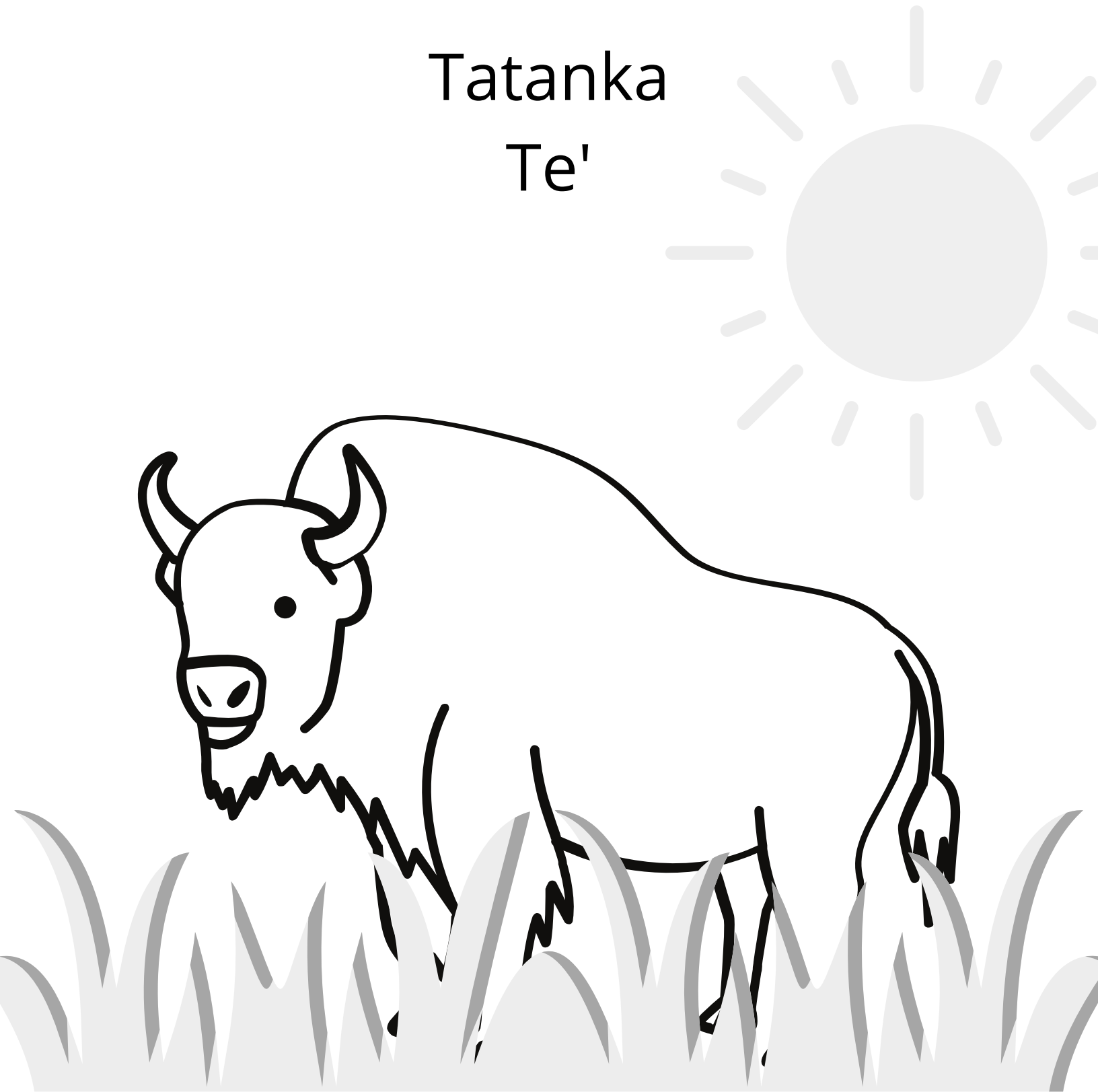




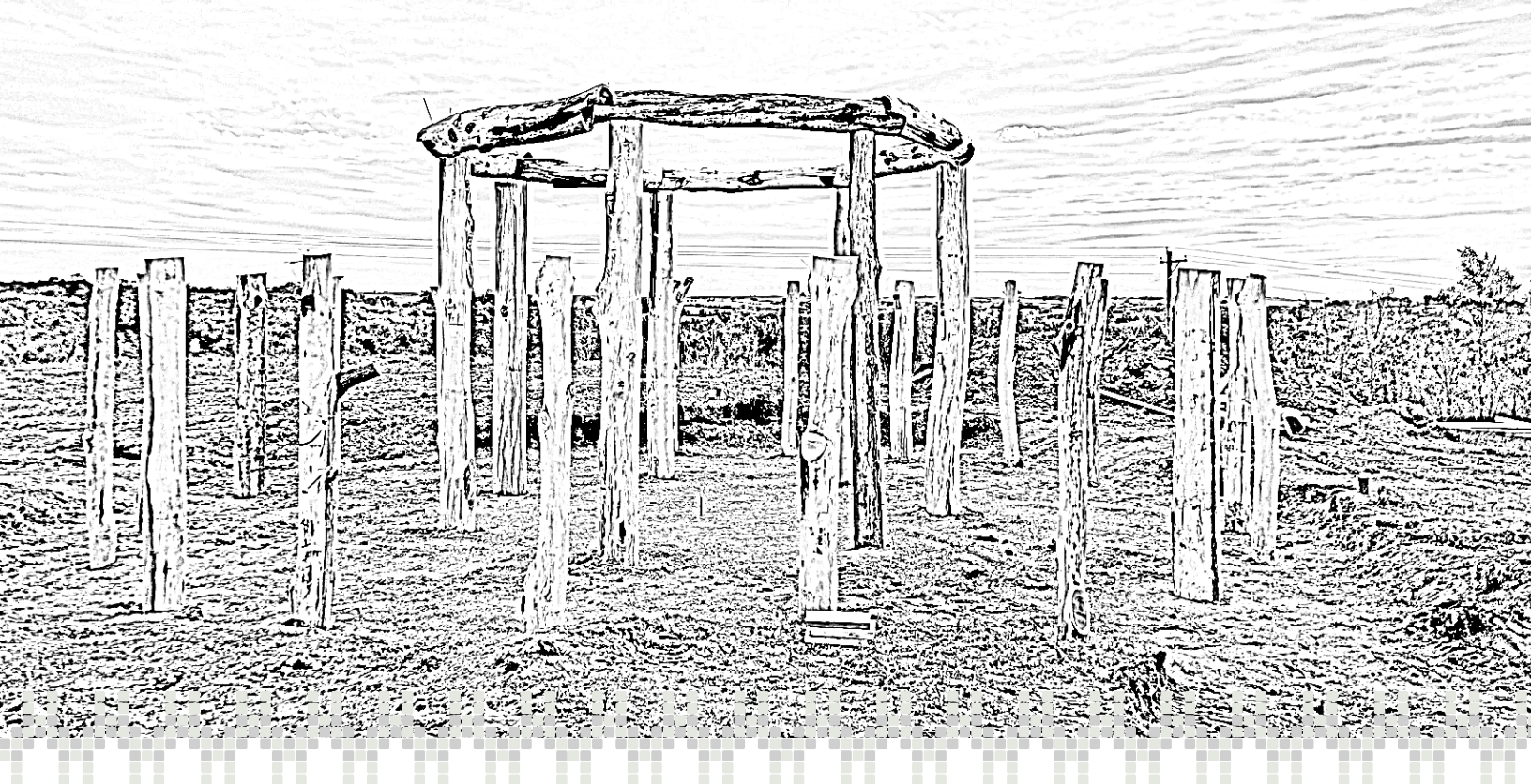


NICC's mascot is a bison.  
Can you say 'bison' in  
Dakota and/or Umo<sup>n</sup>ho<sup>n</sup>?

Tatanka  
Te'







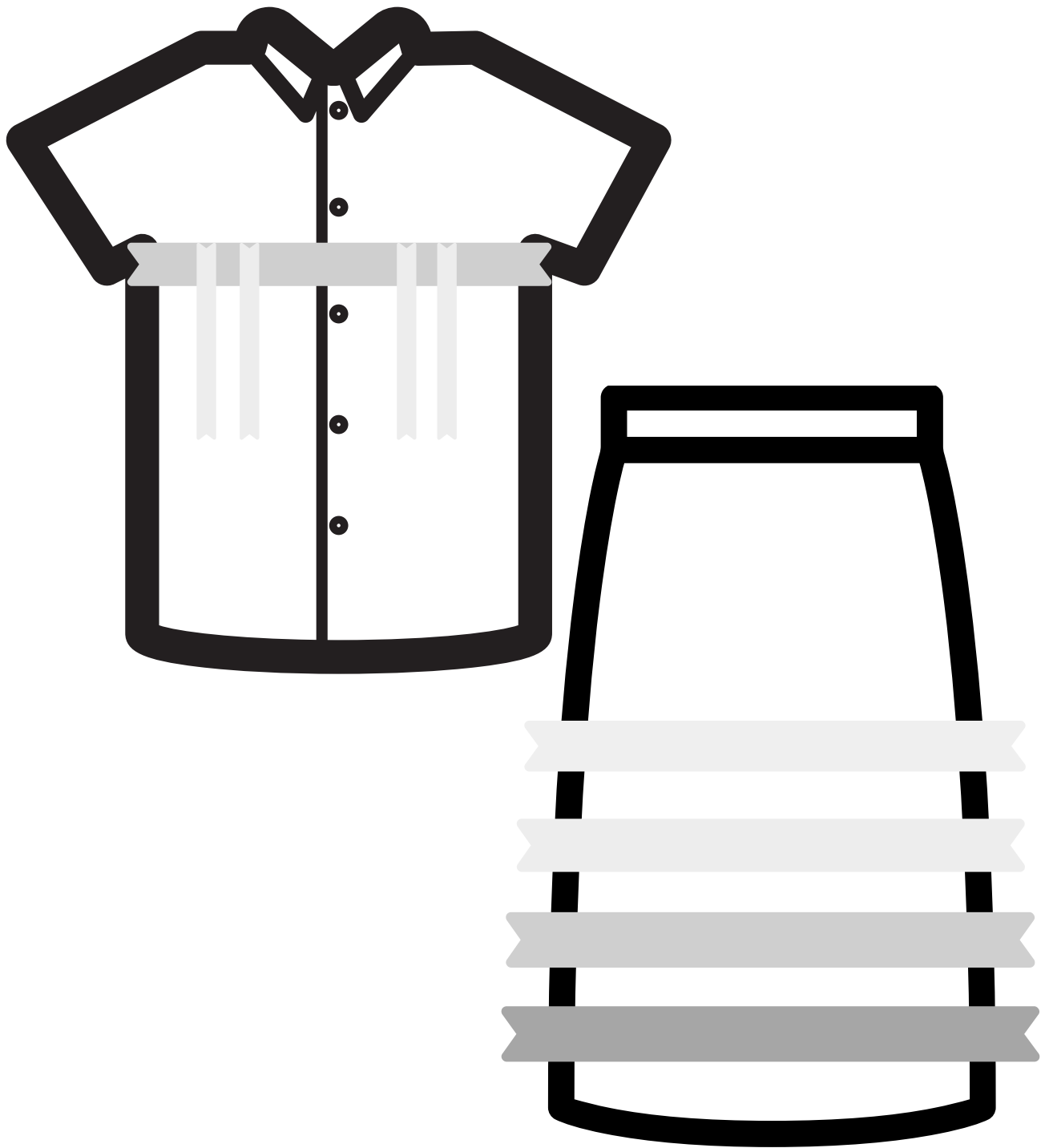
Lodges are very important to many tribes.  
Poles are made from tree trunks, and soil  
is used to cover the lodge.







Everyone is a beginner when they try something new. With practice students can create beautiful work like you see above from the Sto-wahi' Quilting Guild. Ask your grandparents what they like to do now that took a lot of practice.



Will you help pick colors for a ribbon skirt and a ribbon shirt for your younger siblings? Ask your auntie to help.



NICC Students earn their feathers and plumes when they graduate. They also decorate their caps. How would you decorate this cap?







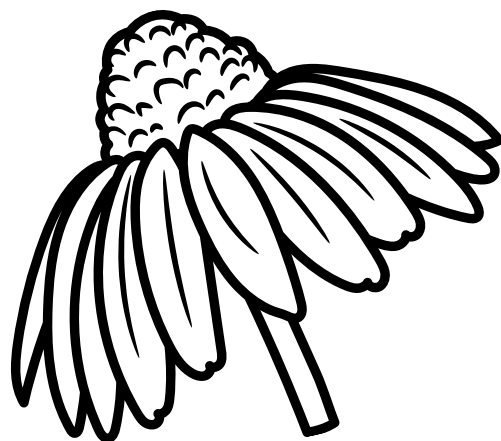
Hair is important to many Native cultures. There are many who chose to grow their hair for those who were not allowed to. For many, hair is an important part of identity. How does your family teach you about your identity?

Did you know that many plants have traditional uses? Your ancestors used these plants long ago, and they are used today too.

## **Purple Coneflower**

*Echinacea purpurea*

teas, supports immune health



## **Prairie Sage**

*Artemisia ludoviciana*

smudging. supports respiratory health and other health benefits

## **Elderberries**

*Sambucus nigra*

jams and teas, supports immune health







It's important to take care of  
Grandmother Earth. She provides  
all we need. This means taking  
care of the land, the water, and all  
living things.

NICC Students,  
Adrianna (Isanti/  
Umo<sup>n</sup>ho<sup>n</sup>), Lani  
(Umo<sup>n</sup>ho<sup>n</sup>/  
Rosebud Sioux),  
and Jamie (Isanti/  
Umo<sup>n</sup>ho<sup>n</sup>) teach  
others about  
plants and caring  
for Grandmother  
Earth.



What would you like to grow in your family's garden? Draw a picture of what is sprouting from the seeds below. Ask your parent/s/guardian if they have ever had a garden.

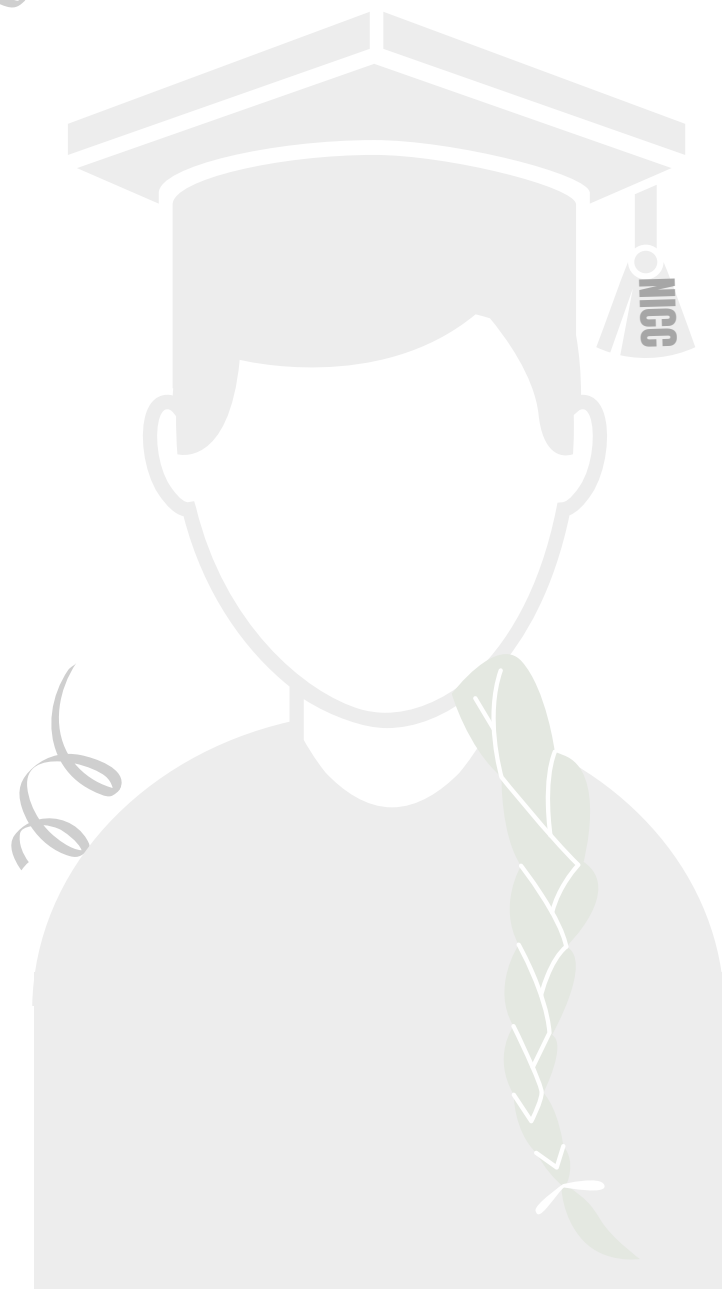
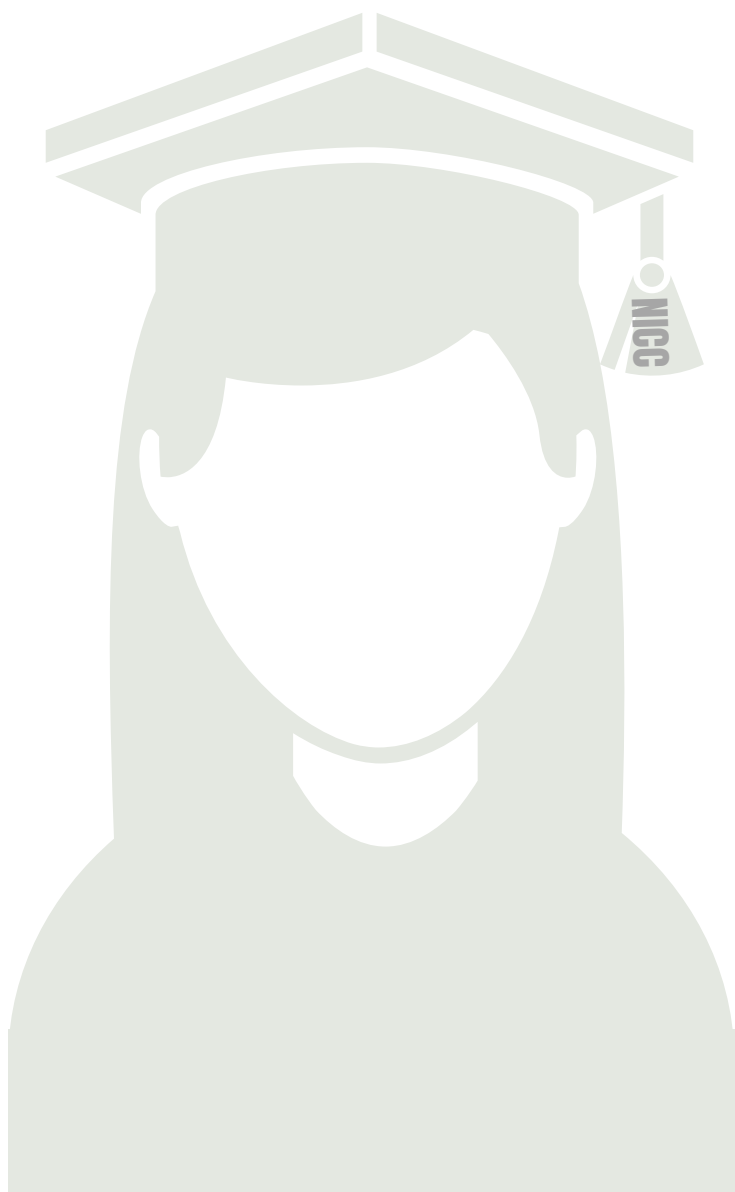






NICC graduates (top to bottom) Christi Merrick (Umo<sup>n</sup>ho<sup>n</sup>), Trejen Ross (Sisseton-Wahpeton), Jimmy Komardley (Apache Tribe of OK), Niza Parker (Umo<sup>n</sup>ho<sup>n</sup>), and Amanda Redwing (Isanti).

What will you look like at  
your graduation?  
Who else is graduating?





NICC Graduates celebrate their special day of earning their degree. They celebrate with family and friends. Ask your grandparents how your family celebrates together.



**Can your family help you say your Umo<sup>n</sup>ho<sup>n</sup> and  
Dakota words for family?**

**Grandmother**

Konha(F)/Konho(M) - Umo<sup>n</sup>ho<sup>n</sup>  
Kunsi - Dakota

**Grandfather**

Ti'gonha(F)/Ti'gonho(M) - Umo<sup>n</sup>ho<sup>n</sup>  
Unkanna - Dakota

**Mother**

Nonha'(F)/Nonho'(M) - Umo<sup>n</sup>ho<sup>n</sup>  
Ina - Dakota

**Father**

Dadiha'(F)/Dadi'ho(M) - Umo<sup>n</sup>ho<sup>n</sup>  
A'te - Dakota

**Aunt**

Ti'miha (F)/Ti'miho (M) - Umo<sup>n</sup>ho<sup>n</sup>  
Tuŋwi - Dakota

**Uncle**

Negíha (F) / -Negi'ho (M)- Umo<sup>n</sup>ho<sup>n</sup>  
Dekši - Dakota

**Brother**

Older - Witi'nu (F) / Wizhi<sup>n</sup>the (M) - Umo<sup>n</sup>ho<sup>n</sup>  
Younger - k<sup>H</sup>agés<sup>N</sup>ga ho (M) (F) /  
K<sup>H</sup>agézhi<sup>N</sup>ga or so<sup>N</sup>geha (F)- Umo<sup>n</sup>ho<sup>n</sup>  
(Older) Ciye/ (Younger) Sunka - Dakota

**Sister**

Older- Zhonthaha (F)/Tongeho (M) - Umo<sup>n</sup>ho<sup>n</sup>  
Younger- Wihe (F)/ Tongeho (M) - Umo<sup>n</sup>ho<sup>n</sup>  
(Older) Tanke/ (Younger) Tanksi - Dakota

Talia Saunsoci (Isanti/Umo<sup>n</sup>ho<sup>n</sup>) and Junior Lovejoy (Umo<sup>n</sup>ho<sup>n</sup>) lead the graduates following the ceremony. They dance to the beat of the drum, which is like our heart beat.



What is your family history?  
Ask your family to help you  
write your tribal history/ies.



# This NICCC Coloring Book belongs to

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with help from

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To share your pages on Facebook, ask a  
grown-up to help with the hashtag  
**#NICCCColoringBook**

